



## Curriculum Summary

### Sixth Grade – Health and Physical Education

Students should know and be able to demonstrate mastery in the following skills by the end of Sixth Grade:

- Explain and apply the basic movement skills and concepts to create and perform movement sequences and advanced skills.
- Identify and apply game strategies to basic games and physical activities: give and go, one on one, peer communication.
- Identify and describe the structure and function of the major body systems:
  - nervous
  - muscular
  - integumentary
  - urinary
  - endocrine
  - reproductive
  - immune
- Identify health problems that can occur throughout life and describe ways to prevent them.
  - diseases (e.g., cancer, diabetes, STD/HIV/AIDS, cardiovascular disease)
  - preventions (i.e. do not smoke, maintain proper weight, eat a balanced diet, practice sexual abstinence, be physically active)
- Identify and engage in moderate to vigorous physical activities that contribute to physical fitness and health.

#### Compliance Statement

It is the policy of Bear Creek Community Charter School not to discriminate on the basis of race, sex, religion, color, national origin, age, handicap or limited English proficiency in its educational programs, services, facilities, activities or employment policies as required by Title IX of the 1972 Educational Amendments, Title VI and VII of the Civil Rights Act of 1964, as amended, Section 504 Regulations of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, Section 204 Regulations of the 1984 Carl D. Perkins Act or any applicable federal statute.

For information regarding programs, services, activities, and facilities that are accessible to and usable by handicapped persons or for inquiries regarding civil rights compliance, contact: Bear Creek Community Charter School, 30 Charter School Way, Bear Creek Township, PA 18702; or the Director of the Office of Civil Rights, Department of Health, Education and Welfare, Washington, D.C.