




May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken & Waffles Herb Green Beans Spinach & Carrot Salad Watermelon	2 Potato & Cheese Pierogi Corn & Peas Cucumber & Tomato Salad California Raisins	3 Chicken Nuggets Steamed Broccoli Garden Salad Orange Wedges	4 Chicken Bites BBQ, Ketchup, Honey Mustard Sauces Mashed Potatoes Cucumber Salad, Banana
	<i>* Weekly Alternate Hot Ham and Cheese *</i>			
7 Chicken Sandwich Pickles & Romaine Broccoli Carrot Salad Watermelon	8 Serena Harris Day Steak Bites with "A1" Sauce Bacon Fried Rice Caesar Salad with Croutons Pineapple & Pears	9 Chicken Broccoli Pasta Steamed Carrots Garden Salad Fruit Salad	10 B.Y.O. Taco Thursday Beef, Cheese, Lettuce Brown Rice California Raisins	11 All Beef Hot Dog Tater Tots Chickpea Salad Fruit Cups
<i>* Weekly Alternate Italian Sub *</i>				
14 BBQ Chicken Legs Smashed Potatoes Spinach & Tomato Salad Pineapple	15 Cheeseburger on Bun BBQ Baked Chickpeas Zesty Cucumbers Cinnamon Apples	16 Penne Pasta Alfredo Garlic Broccoli Caesar Salad Peaches	17 Pork Fried Rice Veggie Eggroll Garden Salad with Ginger Dressing Orange Wedges	18 Bagel Pizza Cheesy Corn Baby Carrots with Ranch Watermelon
<i>* Weekly Alternate Turkey and Cheese Wrap *</i>				
21 Cheese Ravioli Broccoli & Cauliflower Garden Salad Peaches	22 Popcorn Chicken Peas & Carrots Chickpea Salad Pineapple	23 Potato & Cheese Pierogi Corn & Beans Apple Veggie Slaw Orange Wedges	24 B.Y.O Taco Thursday Beef, Cheese, Lettuce Brown Rice Applesauce	25 HALF DAY Turkey & Cheese on Bun Baby Carrots California Raisins
<i>* Weekly Alternate Tuna Salad Sandwich on Yummy Bread</i>				**NO ALTERNATE**
28 NO SCHOOL 	29 Macaroni & Cheese Steamed Broccoli Garden Salad Cinnamon Apples	30 Chicken Nuggets BBQ Chickpeas Baby Carrots & Ranch Pineapple	31 All Beef Hot Dog Tater Tots Veggie Slaw Fruit Salad	
<i>* Weekly Alternate Pork BBQ</i>				

Start every day with a **Healthy Breakfast !**

Monday: Toasted Bagel with Cream Cheese and Jelly

Tuesday: Muffin of the Day, Fresh Fruit Parfait, Granola & Local Honey

Wednesday: Pancakes & Bacon, Fresh Fruit, Local Maple Syrup

Thursday: Turkey Sausage Biscuit & Roasted Potatoes

Friday: Egg & Cheese Burrito **or** Oatmeal w/assorted toppings

All Breakfasts Served with Choice of Low or Non-Fat Milk, Fresh Fruit & 100% Fruit Juice

Alternate Breakfast: Choice of Whole, Grain Cereals

Meal Pricing

Regular Price Breakfast \$1.05
Reduced Price Breakfast \$0.30
Regular Price Lunch \$2.35
Reduced Price Lunch: \$0.40



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Herb Roasted Chicken Smashed Potatoes Garlic Broccoli Fresh Pineapple <i>* Weekly Alternate Pork BBQ on Bun*</i>	3 Fascinating Cheeseburger Lettuce & Tomato Tater Tots Baby Carrots Peaches	4 Chicken Sandwich Pickles & Romaine Veggie Slaw California Raisins	5 Tasty Taco Thursday Beef, Cheese, Lettuce Brown Rice Black Bean Salad Peach Cup	6 Yummy Chicken Nuggets Steamed Broccoli Cucumber & Tomato Salad Banana
9 Popcorn Chicken BBQ, Ketchup, Ranch Buttery Peas Chickpea Salad Watermelon <i>* Weekly Alternate Roast Beef & Cheddar on Kaiser Roll*</i>	10 Toasted Cheese Tomato Soup Garden Salad Orange Wedges	11 Sausage & Broccoli Pasta with Mild Italian Sausage Spinach & Tomato Salad Apple & Raisins	12 Chicken & Waffles Local Maple Syrup Seasoned Green Beans Broccoli & Carrot Salad Berry Crumble	13 Amazing Beef Hot Dog Tater Tots Cucumber & Tomato Salad Applesauce Cup
16 Buttery Mini Pierogi Honey Baked Carrots Garden Salad Pineapple Chunks <i>* Weekly Alternate Turkey and Cheese on Bun*</i>	17 Sandy Hasan Day Chicken Parmesan Whipped Potatoes Garlic Bread, Green Beans Applesauce Cup	18 Macaroni & Cheese Peas & Corn Zesty Cucumbers Peaches	19 California Burrito Chicken, Cheese, Avocado Romaine, Salsa Brown Rice Black Beans & Corn Watermelon	20 Veggie & Egg Fried Rice Vegetable Egg Roll Stir Fry Veggies Garden Salad with Ginger Dressing Orange Wedges
23 BBQ Chicken Drumstix Peas & Carrots Chickpea Salad California Raisins <i>* Weekly Alternate Egg Salad on Yummy Bread*</i>	24 Big & Good Cheeseburger Lettuce and Tomato Tater Tots Apple Veggie Slaw Watermelon	25 Penne Pasta & Meatballs Broccoli & Cauliflower Ceasar Salad Orange Wedges	26 Buffalo Chicken Bites Jacob Golubieski Day Cheesy Corn Celery & Carrot Sticks Blue Cheese Dressing Fresh Pineapple	27 Cheesy Bagel Pizza Corn & Peas Garden Salad Fresh Banana
30 Delicious Beef Hot Dog BBQ Chickpeas Veggie Slaw Strawberry Crumble <i>* Weekly Alternate Hot Ham & Cheese*</i>		This month's Menu is full of adjectives suggested by First Grade. See if you can spot them!		

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Wednesday: Pancakes & Bacon, Fresh Fruit, Local Maple Syrup

Thursday: Turkey Sausage Biscuit & Roasted Potatoes

Friday: Egg & Cheese Burrito or Oatmeal with Assorted Toppings

All Breakfasts Served with Choice of Low or Non-Fat Milk, Fresh Fruit & 100% Fruit Juice

Meal Pricing

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Fruits and veggies may change due to local availability & freshness—we proudly support local farmers & producers. Bear Creek Community is an equal opportunity provider.