



February 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>The menus for February 21st & 27th were created by Isabella Fox & Samyah Gallagher. Be sure to try their favorites!</p>			<p>1 HALF DAY GRAB & GO Ham & Cheese on Bun Pretzels Baby Carrots Apple Slices **NO ALTERNATE**</p>	<p>2 </p>
<p>5 Chicken Sandwich Romaine & Pickles Caesar Salad Pineapple</p> <p><i>* Weekly Alternate Turkey & Cheese on a Kaiser*</i></p>	<p>6 Sweet & Sour Meatballs Brown Rice Spinach & Tomato Salad Peaches</p>	<p>7 Chicken Noodle Soup Goldfish Crackers Steamed Carrots Garden Salad Orange Wedges</p>	<p>NO SCHOOL</p>	<p>9 B.Y.O. Taco Thursday Beef, Cheese Lettuce, Salsa Steamed Rice Applesauce</p>
<p>12 Chicken Bites BBQ Chickpeas Apple & Cabbage Slaw Strawberry Crumble</p> <p><i>* Weekly Alternate Italian Hoagie*</i></p>	<p>13 Cheeseburger on Bun Lettuce/ Tomato Tater Tots Cucumber Salad Orange Wedges</p>	<p>14 Happy Valentine's Day Mini Pierogis Corn & Peas Garden Salad Strawberry Layer Parfait</p>	<p>15 Chicken Nuggets Steamed Broccoli Italian Style Chickpea Salad Peaches</p>	<p>16 Veggie and Egg Fried Rice Vegetable Egg Roll Garden Salad with Ginger Dressing Applesauce Cup</p>
<p>19 Chicken Cheesesteak BBQ Chickpeas Garden Salad Fresh Pineapple</p> <p><i>* Weekly Alternate Tuna Salad on Yummy Bread*</i></p>	<p>20 Pasta with Meat Sauce Roasted Broccoli Caesar Salad Orange Wedges</p>	<p>21 Izabella Fox Day Chicken Sausage and Rice Corn & Peas Tossed Salad Peaches & Strawberries</p>	<p>22 Beef Stroganoff Whole Grain Noodles Roll with Butter Herb Green Beans Caesar Salad Apple Crumble</p>	<p>23 Pizza Friday Tater Tots Broccoli & Carrot Salad Cinnamon Apples</p>
<p>26 All Beef Hot Dog Tater Tots Crunchy Apple Slaw Mandarin Oranges</p> <p><i>* Weekly Alternate Pork BBQ *</i></p>	<p>27 Samyah Gallagher Day Chicken Tenders Sweet Potato Bake Tossed Salad w/ Ranch Peach Slices</p>	<p>28 BBQ Roast Chicken Smashed Potatoes Broccoli & Carrot Salad Pineapple</p>		

Start every day with a **Healthy Breakfast !**

Monday: Toasted Bagel with Cream Cheese and Jelly

Tuesday: Muffin of the Day, Fresh Fruit Parfait, Granola & Local Honey

Wednesday: Pancakes & Bacon, Fresh Fruit, Local Maple Syrup

Thursday: Turkey Sausage Biscuit & Roasted Potatoes

Friday: Egg & Cheese Burrito or Oatmeal w/assorted toppings

All Breakfasts Served with Choice of Low or Non-Fat Milk, Fresh Fruit & 100% Fruit Juice

Alternate Breakfast: Choice of Whole, Grain Cereals

Meal Pricing

Regular Price Breakfast \$1.05
Reduced Price Breakfast \$0.30
Regular Price Lunch \$2.35
Reduced Price Lunch: \$0.40

Fruits and veggies may change due to local availability & freshness—we proudly support local farmers & producers. Bear Creek Community is an equal opportunity provider.