

August 2018



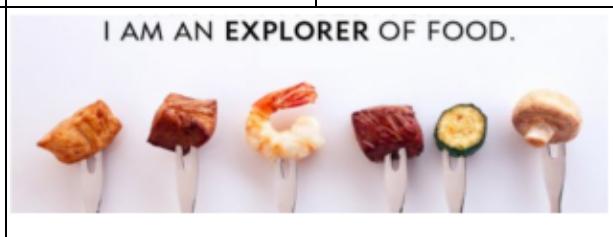
**TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**



<p>20 <b>All Beef Hot Dog</b> Tater Tots Garden Salad Orange Wedges</p> <p><i>*Weekly Alternate Turkey and Cheese*</i></p>	<p>21 <b>BBQ Chicken Breast</b> Mashed Potatoes, Roll Italian Style Chickpeas Fresh Pineapple</p>	<p>22 <b>Potato &amp; Cheese Pierogi</b> Corn &amp; Peas Baby Carrots, Ranch Fresh Melon</p>	<p>23 <b>B.Y.O Taco Thursday</b> "Build Your Own" Beef, Cheese, Lettuce, Salsa Steamed Rice Applesauce</p>	<p>24 <b>Chicken &amp; Broccoli Pasta</b> with Olive oil and Grated Parmesan Caesar Salad Watermelon</p>
<p>27 <b>Chicken Nuggets</b> BBQ/Ranch/ Honey Mustard Peas and Carrots Garden Salad Orange Wedges</p> <p><i>* Weekly Alternate Pork BBQ *</i></p>	<p>28 <b>Cheeseburger</b> Lettuce &amp; Tomato Tater Tots <b>Homegrown</b> Basil &amp; White Bean Salad Pineapple Chunks</p>	<p>29 <b>Spaghetti &amp; Meatballs</b> Seasoned Cauliflower Caesar Salad Grapes &amp; Strawberries</p>	<p>30 <b>Chicken Breast Sandwich</b> Romaine &amp; Homemade Pickles Sweet Potato Fries Veggie &amp; Apple Slaw California Raisins</p>	<p>31 <b>Pizza Bagel</b> Herb Zucchini Cucumber Salad Fruit Salad</p>

**Student's Choice of Milk Daily**  
**1% White or Fat Free Chocolate**

**Look for the word**  
**'Homegrown' which**  
**means it was grown**  
**in our own garden.**  
**Yum!!!**



**Start every day with a**  
**Healthy Breakfast!**

**Monday:** Waffle Bar; Pick Your Toppings  
Bacon Crumbles, Fresh Fruit,  
Maple Syrup, Whipped Cream

**Tuesday:** Homemade Cinnamon Roll **OR**  
Fresh Baked Muffin  
Fruit & Yogurt Parfait

**Wednesday:** Pancakes & Bacon  
Local Maple Syrup

**Thursday:** Tater Tot Breakfast Bowl  
Tots, Scrambled Egg, Cheese

**Friday:** Turkey Sausage Biscuit  
Roasted Potatoes

**All Breakfasts Served with Choice of**  
**Low or Non-Fat Milk, Fresh Fruit &**  
**100% Fruit Juice**

**Alternate Breakfast:**  
Choice of Whole Grain Cereals  
Oatmeal Available on Select Days

**Meal Pricing**

Regular Price Breakfast \$1.05  
Reduced Price Breakfast \$0.30

Regular Price Lunch     \$2.45  
Reduced Price Lunch:    \$0.40

Adult Breakfast     \$2.00  
Adult Lunch           \$3.50

*Fruits and veggies may change due to local availability & freshness—we proudly support local farmers & producers.  
Bear Creek Community is an equal opportunity provider.*